## Holiday Wassail

Recipe Summary:

Preparation Time: 4 hours Number of Servings: 8

Cups of Fruits and Vegetables Per Person: 1

## Ingredients:

- ♣ 16 oz can apricot halves, undrained
- 4 cups unsweetened pineapple juice
- ♣ 2 cups apple cider
- ♣ 1 cup orange juice
- ♣ 18 whole cloves
- ♣ 6 3-1/2 inch cinnamon sticks, broken

## Directions:

In blender or food processor, blend apricots and liquid until smooth. Place cloves and cinnamon sticks in cheesecloth bag. Put all ingredients in slow cooker. Cook on LOW for 3-4 hours. Serve hot.

<sup>\*</sup>Recipe from www.5aday.gov